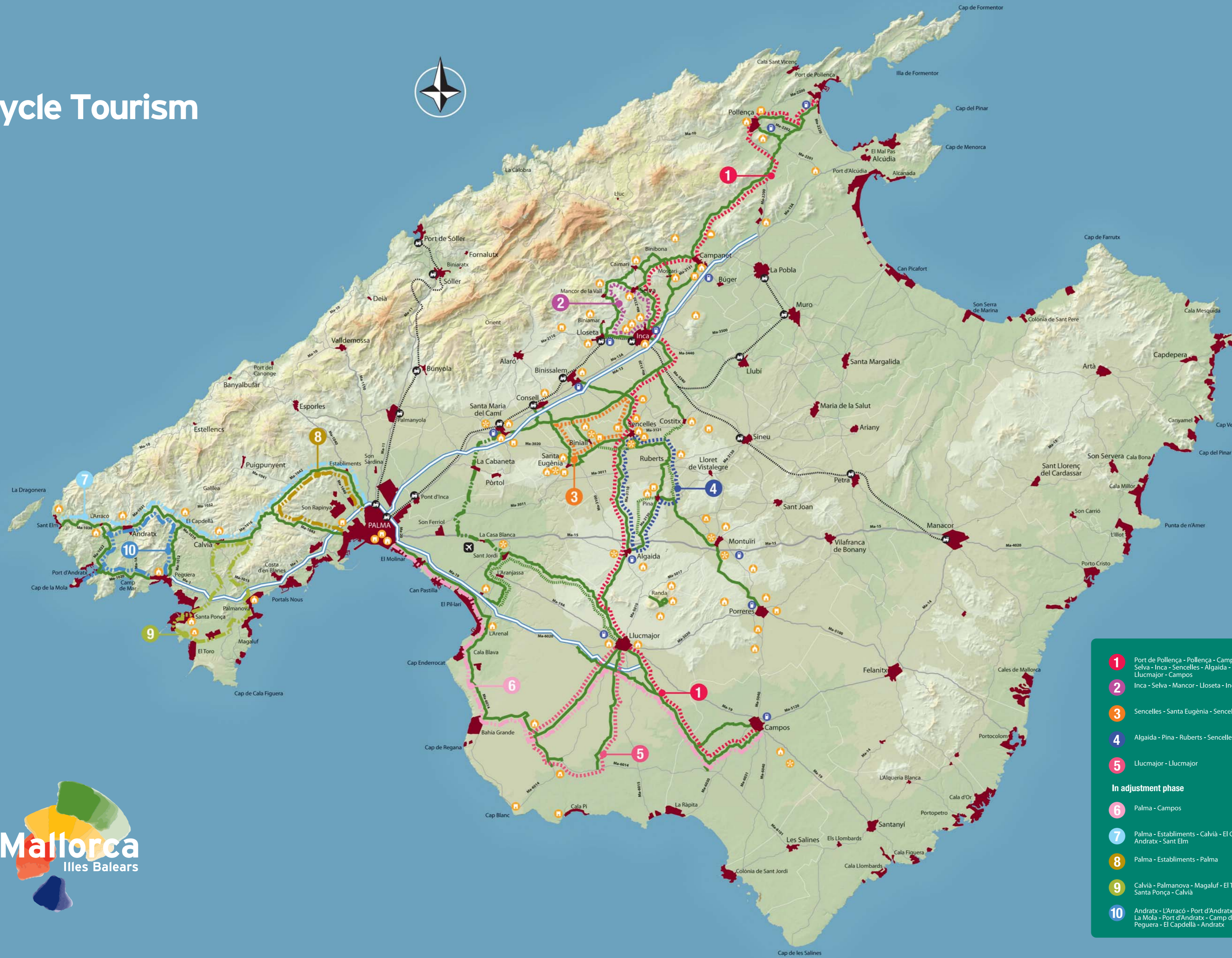


# Cycle Tourism



1	Port de Pollença - Pollença - Campanet - Selva - Inca - Sencelles - Algaida - Llucmajor - Campos	86 km
2	Inca - Selva - Mancor - Lloseta - Inca	18,5 km
3	Sencelles - Santa Eugènia - Sencelles	21 km
4	Algaida - Pina - Ruberts - Sencelles - Algaida	25,5 km
5	Llucmajor - Llucmajor	28,5 km
<b>In adjustment phase</b>		
6	Palma - Campos	53 km
7	Palma - Establiments - Calvià - El Capdellà - Andratx - Sant Elm	37,5 km
8	Palma - Establiments - Palma	19,5 km
9	Calvià - Palmanova - Magaluf - El Toro - Santa Ponça - Calvià	31 km
10	Andratx - L'Arracó - Port d'Andratx - Cap de La Mola - Port d'Andratx - Camp de Mar - Peguera - El Capdellà - Andratx	35,5 km



## Cycle Tourism

Majorca has a 1,250 km network of roads with 675 being minor roads and B roads that have been adapted for practising cycle tourism. Most of these roads make up large bicycle touring routes where the rider will come across large flat surfaces, gentle hills, steep gradients and spectacular mountains.

In the last few years Majorca has made a major effort in adapting roads for cycling. In this vein, many professional European teams use the island to train in the winter before the season starts with an increasing number each year. Our efforts have consisted in adapting a series of local roads for bicycle use. Improving signposting has been one of the main priorities on these routes.

## Hotels

In Majorca cyclists will find hotels specialising in serving cycling lovers. All necessary information to practise this sport is available at these establishments: maps, charts, interesting routes, weather reports, etc. Furthermore, they also provide cycle tourists with an area set up for cleaning, repairs, maintenance and safe-keeping for bikes where individual safety locks and basic cleaning and repair equipment may be found.

Food is important for cyclists and these hotels are fully aware of it: they offer food designed to meet the cyclist's needs: a carbohydrate-rich breakfast accompanied by fresh fruit and dinner based on foods with high glycaemic levels and rich in carbohydrates to replenish energy reserves.

These establishments also offer lunch packs to clients with energy bars, sandwiches, fruit and isotonic drinks.

In addition, the hotels also have medical, massage and physiotherapy services available for clients.



## The Climate

Majorca is perfectly suited to cycle tourism not only for the roads but also for the rich natural surroundings and the Mediterranean climate which is characterised by moderate temperatures throughout the year with little rainfall.



- Road biking
- Mountain biking
- In adjustment phase
- Windmills
- Archaeological sites
- Churches, Hermitages, Sanctuaries
- Caves
- Castles and Watch Towers
- Cathedral
- Petrol Station
- Train Station

**Recommendations for cyclists**

- The routes described are not exclusively for cycling tourists but public routes and roads that are suitable for bikes.
- Remember you will be sharing the road with motor vehicles. Pay special attention to safety and prevention measures.
- Stick as far to the right as possible.
- For your own safety always use a helmet.

- Never forget you do not have priority. Clearly show your intentions when travelling on a bike.
- Always follow general circulation guidelines.
- Respect flora and fauna on the roads.
- Use sun cream, even in winter.

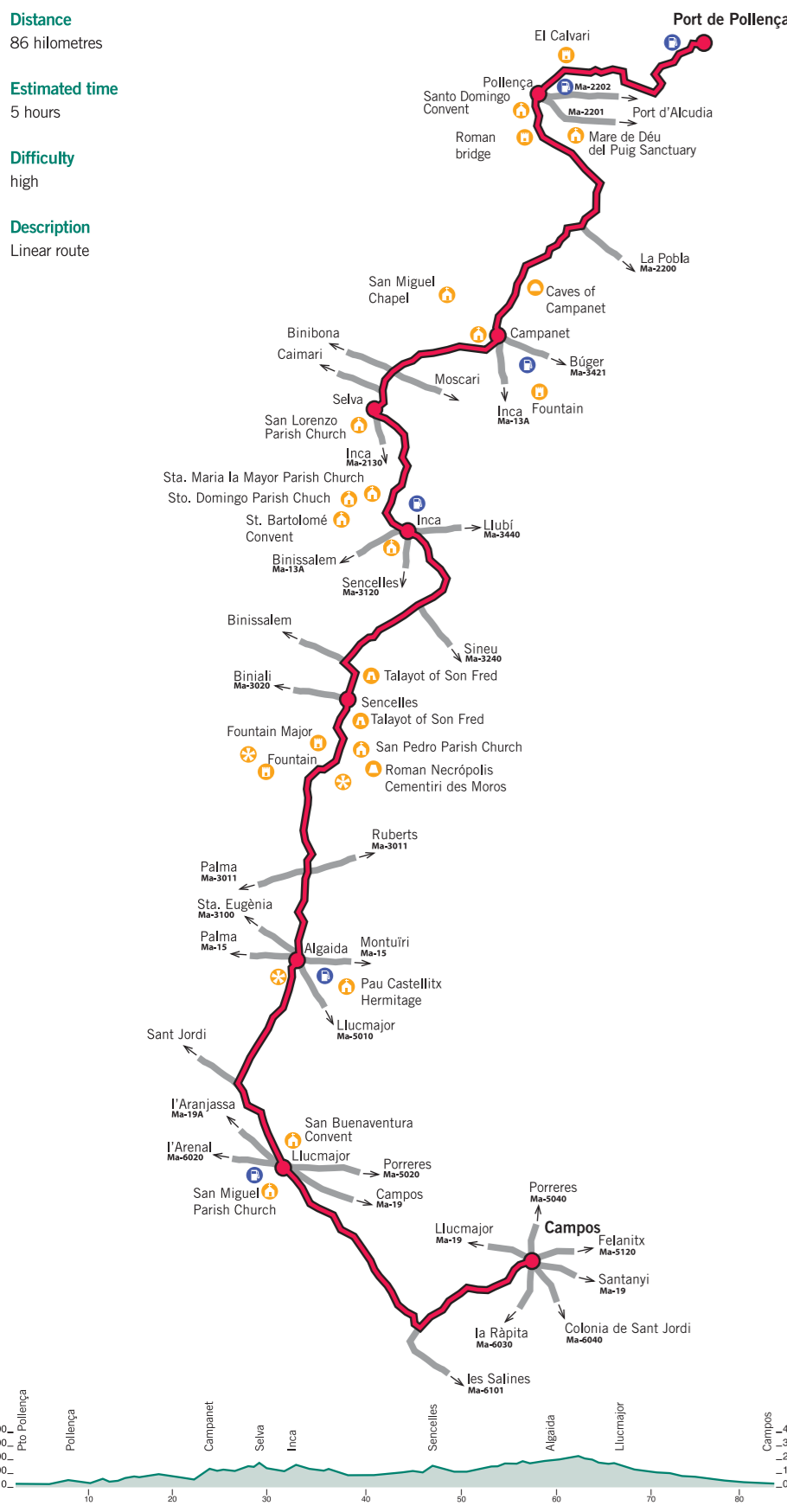
TRAIN TO SÖLLER..... 902 364 711  
MALLORCA TRAIN SERVICE  
INFORMATION..... 971 177 777

- The Palma train to Inca departs at 05.50 h. with 25 min. frequency.
- Bicycles may be brought onto the trains except from Monday to Friday from 12.50 to 15.25 h. and from 19.50 to 20.50 h.
- Bicycles are not allowed on the Soller train.

ANDRATX.....	971 62 80 00	971 62 80 00	LLUCMAJOR.....	971 66 26 00	971 66 90 00
ALGADA.....	971 12 50 76	971 12 53 35	MONTURÍ.....	971 64 41 25	619 19 82 39
BINISSALEM.....	971 88 65 58	971 51 55 58	PALMA.....	971 22 59 00	092
CALVIÀ.....	971 13 91 00	971 00 33 00	POLLENÇA.....	971 53 01 08	971 53 04 37
CAMPANET.....	971 51 60 05	971 51 60 05	PORRERES.....	971 64 72 21	971 64 72 21
COMPOS.....	971 82 24 54	971 65 16 26	SANTA MARIÀ.....	971 62 01 31	608 93 05 37
INCA.....	971 88 01 50	971 88 08 18	SENCELLES.....	971 87 20 16	971 87 20 16
LLOSETA.....	971 51 40 33	669 77 77 54			



**1** Port de Pollença - Pollença - Campanet - Selva - Inca - Sencelles - Algaida - Llucmajor - Campos



**Port de Pollença**  
Cultural heritage: Faro de Formentor Lighthouse.  
Fairs and markets: Tuesdays, weekly market.

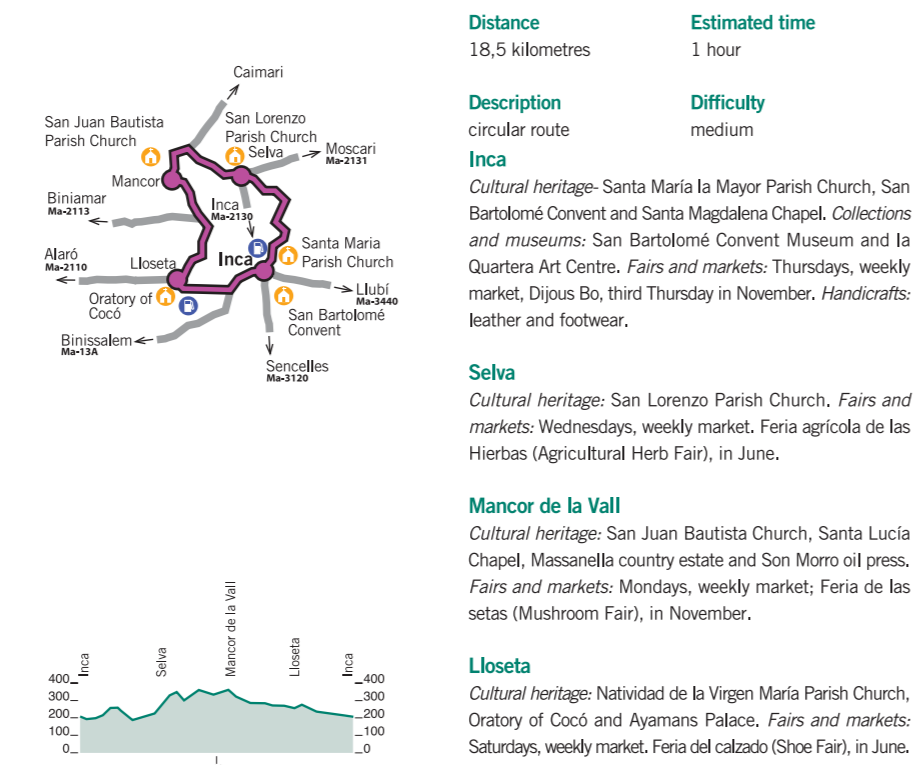
**Pollença**  
Cultural heritage: Santo Domingo Convent, El Calvario Chapel, Parish Church of Nuestra Señora de Los Angeles, Roman Bridge, Sanctuary of the Puig de Maria and Castell del Rei Castle. Collections and museums: Museo Municipal (Municipal Museum), Santo Domingo Convent Museum, House-Museum of the painter Dionís Benàssar, Museum of the painter Martí Vicenç and Major Gallery. Fairs and markets: Sundays, weekly market.

**Campanet**  
Cultural heritage: San Miguel Parish Church, San Miguel Chapel and Cuevas de Campanet (Caves of Campanet) on the detour of kilometre 39 of the Camí Vell de Pollença Road.

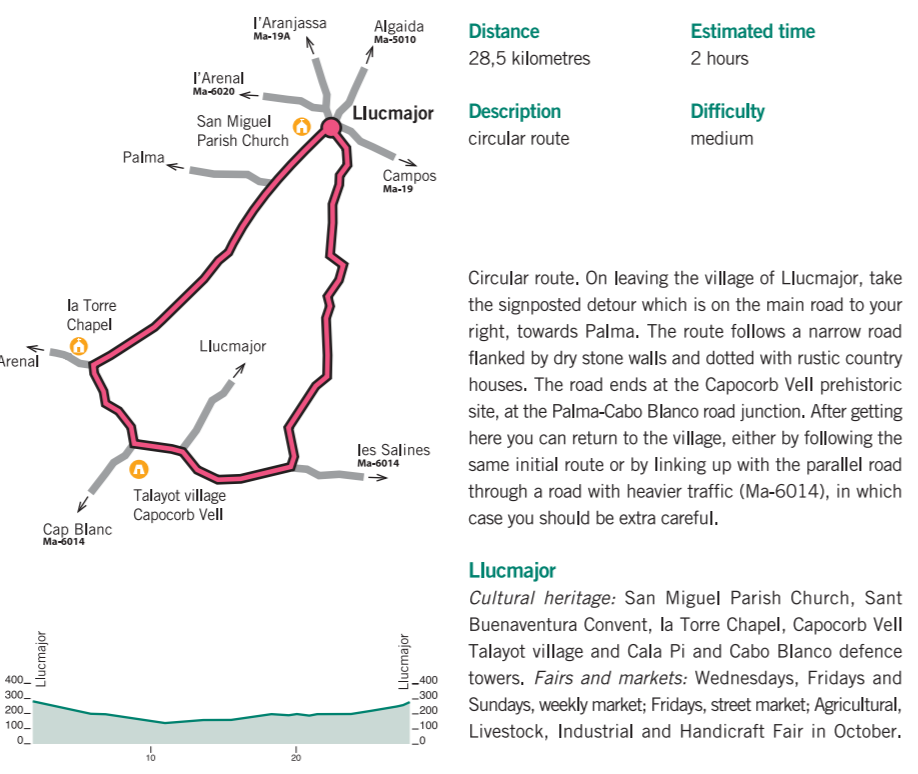
**Selva**  
Cultural heritage: San Lorenzo Parish Church, Fairs and markets: Wednesdays, weekly market. Feria agrícola de las Hierbas (Agricultural Herb Fair), in June.

**Inca**  
Cultural heritage: Santa María la Mayor Parish Church, San Bartolomé Convent and Santa Magdalena Chapel. Collections and museums: San Bartolomé Convent Museum and la Quartera Art Centre. Fairs and markets: Thursdays, weekly market, Dijous Bo, third Thursday in November. Handicrafts: leather and footwear.

**2** Inca - Selva - Mancor de la Vall - Lloseta - Inca



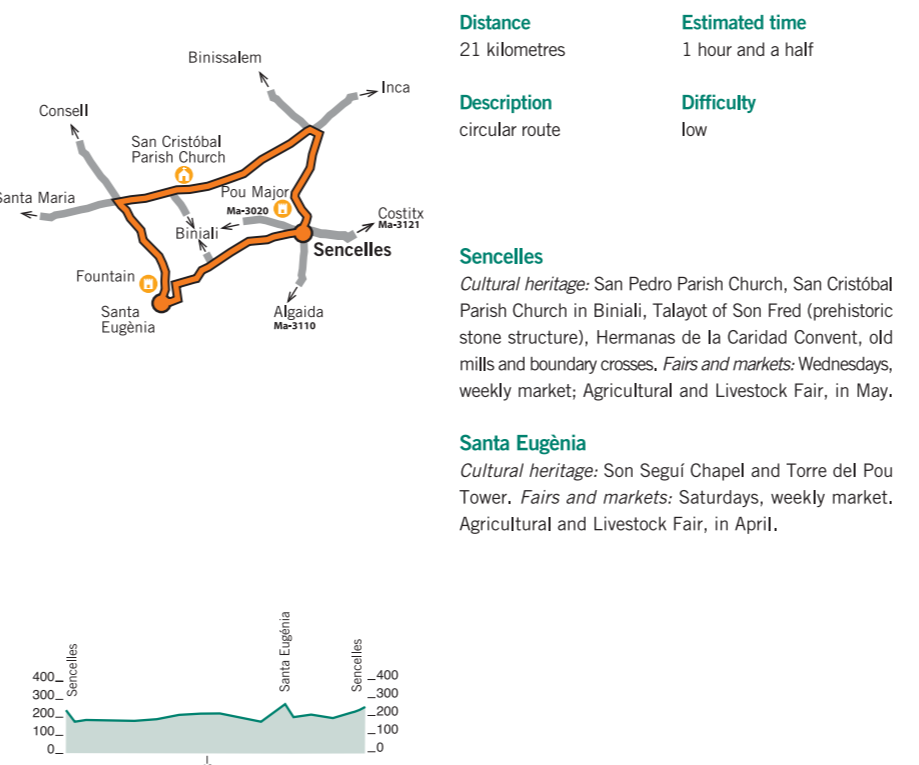
**5** Llucmajor - Llucmajor



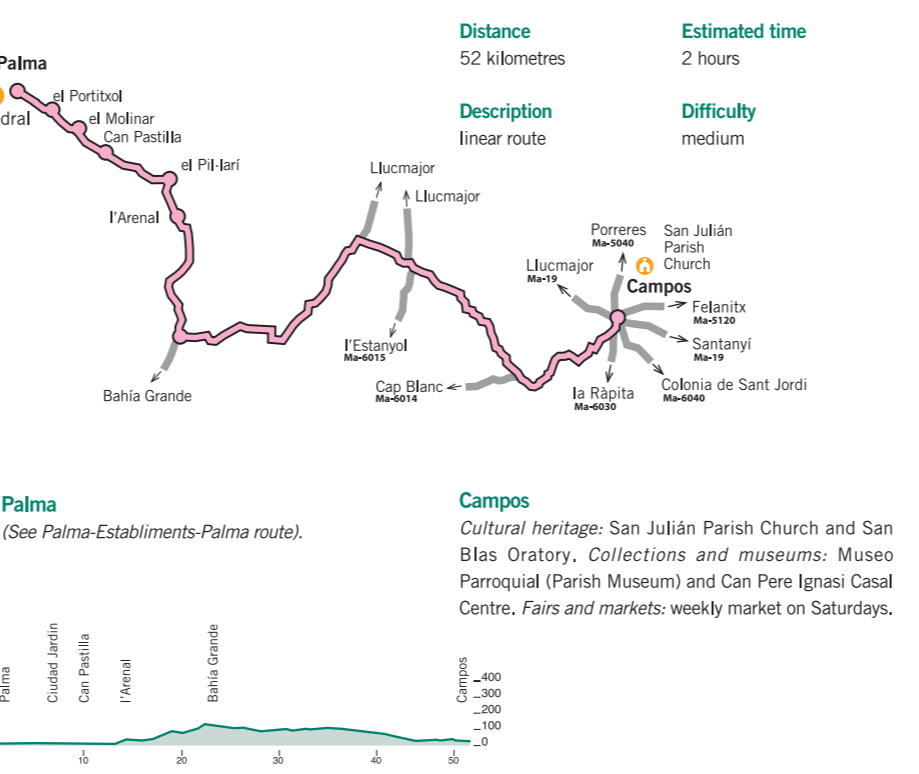
**8** Palma - Establiments - Palma



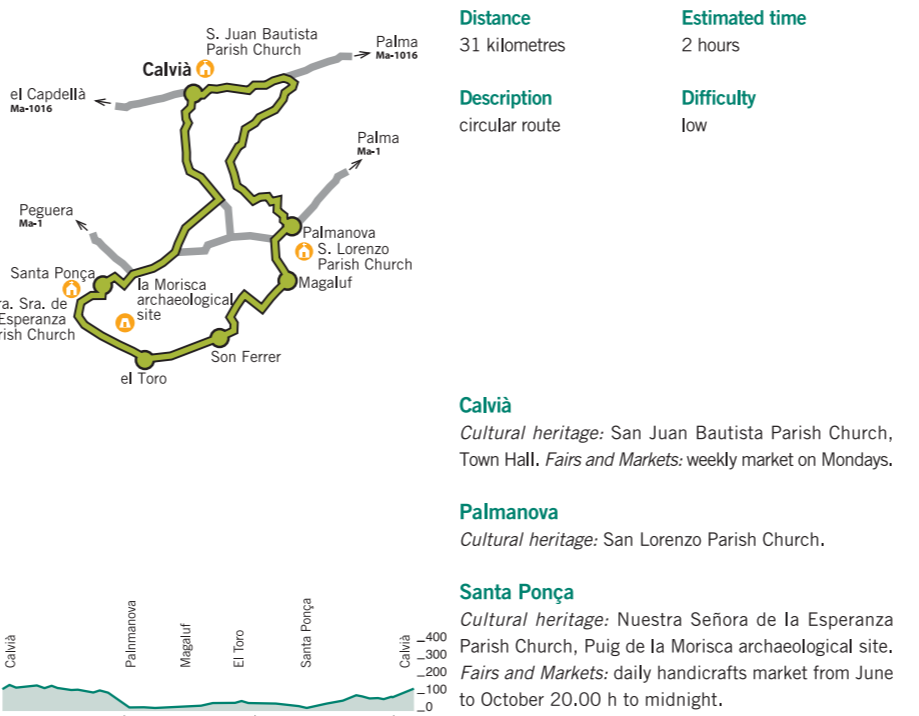
**3** Sencelles - Santa Eugènia - Sencelles



**6** Palma - Ciudad Jardín - Can Pastilla - l'Arenal - Bahía Grande - Campos



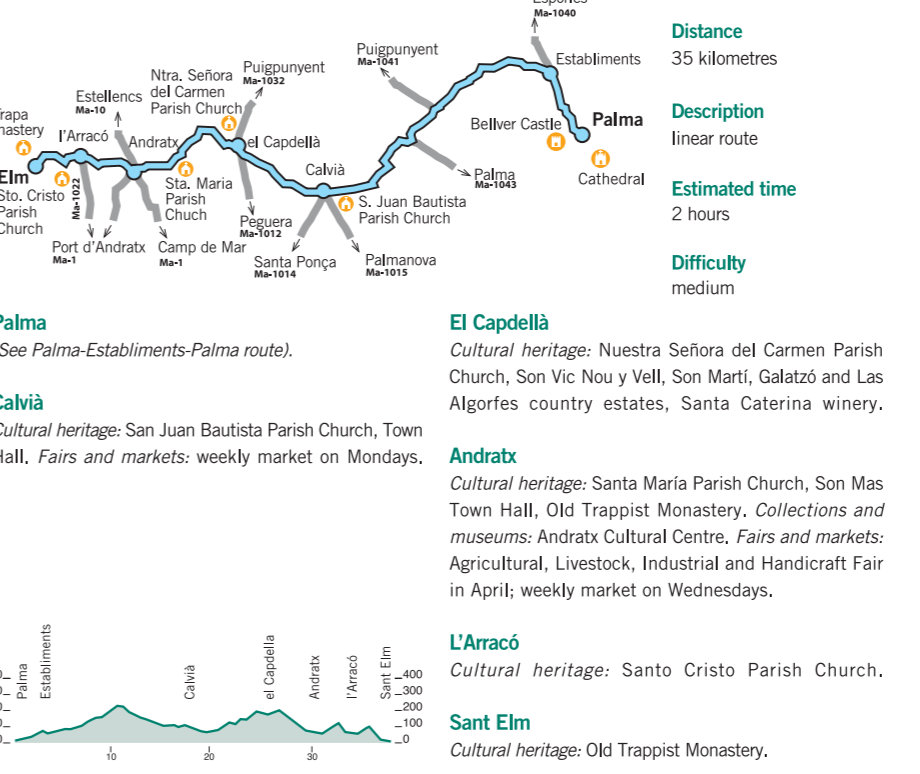
**9** Calvià - Palmanova - Magaluf - El Toro - Santa Ponça - Calvià



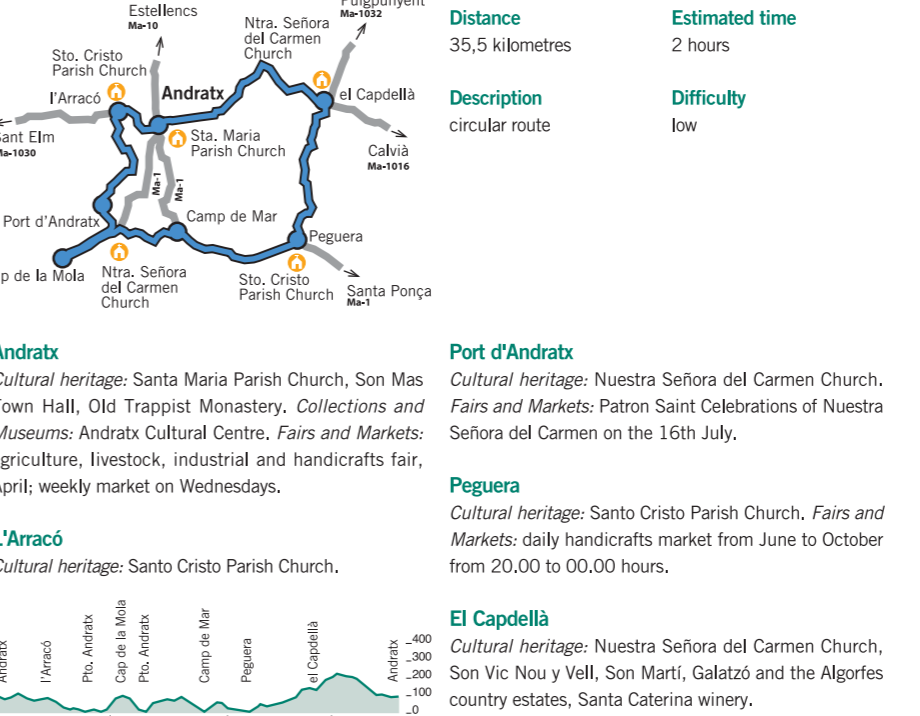
**4** Algaida - Pina - Ruberts - Sencelles - Algaida



**7** Palma - Establiments - Calvià - el Capdellà - Andratx - l'Arracó - Sant Elm



**10** Andratx - l'Arracó - P. Andratx - Cap de la Mola - Camp de Mar Peguera - el Capdellà - Andratx



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Govern de les Illes Balears

**Algaida**  
Cultural heritage: San Pedro and San Pablo Parish Church, Sanctuary of Cura, Sanctuary of Gracia and Sanctuary of San Honorato, in Randa. Collections and museums: Can Gordiola Glass Museum. Fairs and markets: Fridays, weekly market. Agricultural, Livestock and Handicraft Fair, in October.

**Pina**  
Cultural heritage: San Cosme and San Damian Parish Church, Mill and Fountain of Pina.

**Ruberts**  
Cultural heritage: Nuestra Señora del Carmen Parish Church.

**Sencelles**  
Cultural heritage: San Pedro Parish Church, San Cristóbal Parish Church in Biniali, Talayot of Son Fred (prehistoric stone structure), Hermanas de la Caridad Convent, old mills and boundary crosses. Fairs and markets: Wednesdays, weekly market; Agricultural and Livestock Fair, in May.



Cycle Tourism

